As part of its campaign for the safety of freelance journalists and local field producers in Ukraine, the Frontline Club and Frontline Freelance Register are running a series of HEFAT course in Lviv, Ukraine.

The course is designed to be country specific and is aimed at people who will travelling to, and working in, Ukraines hotspots. The course will be in two sections. The first, security and hostile environment training, will be classroom based in Lviv centre and will cover all aspects of working in a hostile environment. The course syllabus covers.

Day 1

\*Risk assessment and mitigation

\* Trip Planning

\* Digital Security

\* Communications Protocol

\* Field Preparedness and Evacuation

\* Navigation

\* Weapons Awareness: Judging Distance

\* Weapons Awareness: Movement under Fire

\* Basics of Negotiation

\* Hostage and Kidnap Survival

\* Physical Security

\* Vehicle Check Points/Road Blocks

The hostile environment course will be run by Paul Conroy, former Sunday Times photographer and soldier, who has covered many of the worlds conflicts over the last twenty two years.

The second two days of the course will be devoted to combat first aid. The course is geared to providing students with the skills to treat battlefield trauma and greatly increase their own, and their teams, chances of survival in combat emergencies.

Day 2

\*Battlefield safety

\*IFAK content

\*Emergency first aid to the wounded in a red zone

\*Examination of the wound in a shelter

\*Practical training and assessment

Day 3

\*March protocol actions

\*Fracture treatment

\*Casualty evacuation

\*Terminal condition treatment

\*Practical training and assessment

The training will be split between classroom and battlefield simulation to provide as much realism as possible. The medic training will take place at a location outside of Lviv. Transport from Lviv and lunch on site will be provided.

Please download the attached form and provide all information and documents as requested. Available course dates will be updated regularly so please specify which dates you require and we will do our best accommodate your choice. If dates are unavailable for your selected course, we will offer you alternative date.